

Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

March 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2) <u>Meatless Mondays</u> Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Banan or Fruit Cup ¼ c DF: Turkey Sandwich	3) Chicken Nuggets 4 ea. Silver Dollar Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	4) Baked Macaroni and Cheeses ½ c, Green beans ½ c Fruit Banana 4 oz	5) Turkey Meatloaf (4 oz) w/Gravy, Wheat Bread 1 Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	6) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Peaches DF: Turkey Sandwich
9) <u>Meatless Mondays</u> - Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼ c	10) Chicken Stir fry W/Italian Blend Yellow Rice ½ c Fruit 4 oz Sliced. Pears W/Grated Parm, VE: falafel	11) Spaghetti W/Turkey Sauce 4 oz, Green Beans ½ c Fruit 4 oz Apple VE: Without Meat	12) Chicken Nuggets 4 ea Silver Dollar Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	13) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
16) <u>Meatless Mondays</u> Chess Stuffed Ravioli 1/2 c/Marinara Sauce Cucumber Slices ½ c Green Bean ½ c, Apple DF: Turkey Sandwich	17) Fish Sticks (4 ea) Mashed Potatoes ¼ c, Wheat Bread 1ea. Mixed Vegetables (Carrot and Peas)½ c Chilled Fruit or Orange(4oz.), VE: falafel	18) Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Apple 4 oz	19) Turkey Meatloaf (4 oz) w/Gravy, Wheat Bread 1 Brown Rice ¼ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	20) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
23) <u>Meatless Mondays</u> Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Cup ¼ c or Pineapple DF: Turkey Sandwich	24) Turkey and Cheese on Wheat Bread 1ea. Veggie Beans ½ c, Sweet Potato ½ c, Fruit Pear ¼ c VE: Cheese on Wheat	25) <u>Chicken BarBque</u> Rice ½ c Peas & Carrots ½ c Fruit 4 oz Peaches VE: Veg-Slider W/Cheese	26) Spaghetti W/Turkey Sauce 4 oz, Wheat Bread 1ea. Green Beans ½ c Fruit 4 oz Apple VE: Without Meat	27) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
30) <u>Meatless Mondays</u> Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz DF: Turkey Sandwich	31) Chicken Nuggets 4ea. Broccoli ½ c Mashed Potatoes ½ c, Wheat Bread 1ea. Fruit Sliced Apple ¼ c VE: Veg-Nuggets			1% or Regular unflavored 6 Oz. Milk will be served with each meal. Kids under two and half will be severed regular milk

Healthy Bytes LLC 855 Hamilton St. Somerset, NJ 08873

of foodborne illness, especially if you have certain medical conditions.

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk

This institution is an equal opportunity provider. NOTE: Menu items may

change based on purveyor product availability. [We participate with the New Jersey Child and Adult Care Food Program, Providing completely](#)

[FREE breakfast, lunch and snacks.](#)